

VOLUNTEERS NEEDED

Help make the High Holidays a warm, welcoming, and meaningful experience for our community! We are looking for volunteers for the following opportunities:

SHABBAT GREETERS

Welcome congregants before Shabbat morning services.
Dates: August 22, September 26, October 10, 17, 24 & 31

SILVER POLISHING

Help prepare our ritual silver for the High Holidays.
Thursday, September 3 • 10:00 a.m. – 1:00 p.m.

SIDDUR SWAPPING

Distribute High Holiday prayer books throughout the Sanctuary.
Tuesday, September 8 • 9:00 a.m. – 12:00 p.m.

HIGH HOLIDAY USHERS

Welcome congregants, assist with seating, and help ensure services run smoothly during Rosh Hashanah and Yom Kippur.

CHILD MINDERS

Help provide a safe, caring environment for children during Rosh Hashanah and Yom Kippur services.

Contact Executive Director Jennifer Girvitz at
jgirvitz@bethtzedec.ca to help make our
High Holiday season a success.



Upcoming NML Bonus Dates

Sunday, July 26 | Wednesday, July 29
Thursday, July 30 | Friday, July 31 (AM Only)

Yahrzeit Observance

It is customary to light a yahrzeit candle at home on the anniversary of a loved one's death, and to recite Kaddish during prayer services that day. Thanks to the generosity of the Zeisler Family Foundation, Beth Tzedec clergy and staff will be pleased to provide you with a yahrzeit candle.

We observe the following Yahrzeits this week of
July 25 — 31, 2026

Please let one of the ushers know if you are observing a Yahrzeit this week.

Elisa De Bruin	Samuel Maerov*	Sharon Safran*
Arlene Ginsburg*	Pearl Plotnick	Bessie Shapiro*
Charles Green*	Shlomo Weinstein*	Eta Wainberg*
Samuel Hanen*	Israel Agasi	Sophie Kettner*
August Kline*	David Austin*	Charles Krowitz*
Louis Maerov*	Boruch Barsky*	Moshe Levant*
Murray Polsky*	Abraham Bleviss*	Lawrence Litwack*
Faygie Rabinovitch*	Murray Brener*	Chaim Mathias*
Sarah Shlafmitz*	Joseph Chetner*	Cliff Secter
Harry Shuler*	Samuel Cohen*	Molly Shaw
Sylvia Meyers*	Ida Koffman	Bernard Smith
Nathan Roth	Adolph Schacter*	Linda Rode*
Marvin Schacter*	Eliais Sengaus*	Ita Chetner*
Renee Schwartz	Rachel Well*	Rae Ditlove*
Max Vogel*	Abraham Blumes*	Monique Hoogeweij
Ida Antflick	Mervyn	Wijnand Klaver
Mariasha Dvorkin*	Brettschneider*	Susanne Rostoker*
Clara Kleiman	Harry Cohen*	William Sweigman*
Ruchla Lebental*	Mary Cohen*	Mona Zavalkoff

* Name lovingly inscribed on the Beth Tzedec Memorial Wall.

Cemetery Entry Code

To gain entry into the Beth Tzedec Memorial Park cemetery, press 1 then 3 for the gate code. After entering the code, turn the handle *clockwise*.



July 25, 2026 ✨ **11 Av 5786**

SHABBAT NAHAMU VA-ETHANNAN

TORAH PORTION
Deuteronomy 3:23 — 5:17
Pages: 1005 — 1021

HAFTORAH
Isaiah 40: 1-26
Pages: 1033 — 1036

The Congregational Kiddush will be held in the Skylight Lounge and has been sponsored by **The Strippoli Family** in honour of Julien's Bar Mitzvah.

CALENDAR OF UPCOMING EVENTS

Saturday, July 25

9:00am Julien Strippoli's Bar Mitzvah

Havdalah: 10:37pm

Friday, July 31

Candle lighting: 9:05pm

TORAH: Eikev

Saturday, August 1

Havdalah: 10:23pm

Monday, August 3

Office Closed

Wednesday, August 5

7:00pm Board Meeting

Thursday, August 6

6:00pm NML Appreciation Dinner

Friday, August 7

Candle lighting: 8:54pm

TORAH: Re'eih

Saturday, August 8

Havdalah: 10:09pm

MAZEL TOV to Julien Strippoli, who is celebrating his Bar Mitzvah this morning at Beth Tzedec.

REFUAH SHLEIMAH - Wishing a speedy recovery to:

Avraham ben Shmuel, Razel bat Batya Leah, Nachman ben Sarah , Devorah Leia bat Chana Tziporah, Henna bat Zelda, Nissan ben Tsirl, Chasia Dobrish bat Golde, Yehudite bat Faigel, Binyomin ben Mati, Sahbra Anna bat Devorah, Menucha bat Esther, Esther bat Sarah, Tannis Moreland, Anayel Hannah bat Sivan, Yehudite bat Shayna Leia, Dovid ben Sarah, Shaul Mordechai ben Malkah , Faygie Raysie bat Chana Devorah, Yonatan ben Michal, Yehuda ben Rivkah, Chana bat Sarah, Chana Chava bat Shaina Brinah, Yiddle Alte ben Ruchle , Sandy Murphy, Yael bat Tzipora, Bert Wolfman, Shimshon ben Dina Malka, Diana Malekar, Avraham Zalman ben Esther, Heidi Ackerman, Yechecht bat Razel, Eliezer Yosef ben Sarah, Tyrom ben Verred, Shifra bat Miriam, Liat Chyah bat Shoshana, Ezekiel ben Hannah, Aliza Talia bat Sarah, Shulamit bat Shoshana, Penina bat Chava, Yosef ben Hinda, Erel bat Sarah, Miriam bat Esther Sheva, Menachem ben Yitzhak, Josef ben Hinda, Gerry Krupp, Tom Kerwin, Christoff Holigroski, Chaya bat Raizel, Blakely Nelson, Chesiya bat Frumah, Peter Steinberg, Shalom Zev ben Rochel, Arnold Well, Shifra Tamar Penina bat Ruchal Leya, Melissa, Yacov ben Itta, Myron Goldberg, and Shimon ben Esther Malka.

Upcoming Unveilings

If you would like to advise the congregation of an upcoming unveiling and have it included in our publications, please contact 403-255-8688 or info@bethtzedec.ca.

Carol & Mel Levitt

Sunday, July 26 at 11:00am

Erlton Jewish Cemetery

Haskel Eisner

Sunday, July 26 at 12:30pm

Beth Tzedec Memorial Park

CARING FOR OUR COMMUNITY TOGETHER

When someone you love is in the hospital, they shouldn't have to face it alone.

Rabbi Russ is here to bring comfort, support, and connection during challenging times.

Let us know when a family member or friend is in the hospital and would appreciate a visit. Together, we can ensure they feel the warmth and care of our Beth Tzedec family.

Reach out to us today by calling (403) 255-8688 or emailing info@bethtzedec.ca. Let's lift each other up—because no one should face illness without community.



REMINDER

NEW SERVICE SCHEDULE BEGINS AUGUST 1

Morning Services

Sundays: 9:00 a.m. | Thursday: 7:45 a.m.

Additional weekday morning services available upon request for shiva, yahrzeits, and other significant occasions.

Evening Services

Sunday–Thursday: 6:00 p.m.

Shabbat Services

Friday Kabbalat Shabbat: 6:00 p.m. | Shabbat Morning: 9:00 a.m.

Shabbat afternoon services available upon request.

LIFT THE TORAH. HONOUR THE TRADITION.

Have you ever considered doing hagbah—the honour of lifting the Torah after it is read?



While it may look intimidating, with a little guidance many people are able to learn this meaningful mitzvah. If you've ever wanted to take a more active role in our services, this is a wonderful opportunity to deepen your connection to Torah and our community.

Rabbi Russ would be happy to teach you the proper technique and help you build the confidence to perform hagbah safely and respectfully.

Interested? Contact the synagogue office or speak with Rabbi Russ to get started.