### SHANAH TOVAH FROM BETH TZEDEC



2025 HIGH HOLIDAY GUIDE



### Rosh Hashanah

### MONDAY, SEPTEMBER 22

6:00pm Mincha/Ma'ariv

### TUESDAY, SEPTEMBER 23 & WEDNESDAY, SEPTEMBER 24

9:00am Shacharit

10:00am Torah Reading

10:00am Family Service

4:30pm Mincha at Heritage Park (Tuesday)

6:00pm Mincha (Wednesday)

# Yom Kippur

### WEDNESDAY, OCTOBER 1

6:30pm Mincha

6:45pm Kol Nidre

### THURSDAY, OCTOBER 2

9:00am Shacharit

10:00am Family Service

10:30am Torah Reading

11:30am Yizkor

11:45am Musaf

5:15pm Mincha

6:45pm Neilah

7:45pm Ma'ariv

8:00pm Shofar Blowing / End of Fast

Tervice

Set the tone for your holiday celebrations with

# **SELICHOT**

# Sept 13, 2025 7:00pm

Begin the High Holiday season with prayers of reflection and repentance, brought to life with special holiday melodies. Join us for a dessert reception and study session before services begin.

7:00pm Study Session with Dessert

8:15pm Havdalah

8:30pm Selichot Service

Scan the QR code to register.





# Family Tashlich & Mincha



### TUESDAY, SEPTEMBER 23 | 4:30PM

Families with young children are invited to join our outdoor Tashlich service at the Heritage Park Marina. Cast away the sins of the past year as we toss breadcrumbs into the reservoir.

Weather permitting. We're meeting promptly at 4:30pm at the Marina by Heritage Park.

## Rosh Hashanah & Yom Kippur

### FAMILY SERVICE | 10:00AM TO 11:00AM

Beth Tzedec families are invited to pray, learn, and enjoy the High Holiday experience together. The Family Service features participatory, lively, and interactive prayer culminating on Sunday with shofar blowing in the sanctuary. Children or adults with special needs and their families are welcome to join.



### YOUTH PROGRAM | 11:00AM TO 12:30PM

Children ages 5–12 are invited to join us for High Holiday themed games, activities and stories while their parents enjoy the Sanctuary service. Kosher snacks will be provided. To ensure the safety and comfort of your children, **registration is required by Thursday**, **September 18**, using this QR code.

### PARENTS & TOTS

Parents who need to stay with their babies and young children can pray, hear the shofar, nurse, and watch their children play in the Abraham and Hinda Belzberg Social Hall. Kosher snacks will be provided.

May their memories be a blessing

# Join us for YIZKOR

THURSDAY, OCTOBER 2 AT 11:30AM

# Important Information

We are excited to welcome you and your loved ones to join us in celebrating the High Holidays at Beth Tzedec! We kindly ask you to take note of these important reminders.

### **SECURITY**

Please cooperate with our security guards and volunteers and have your tickets ready when entering both the parking lot and the building. Tickets are not transferable and may only be used by the bearer. To ensure safety, you must be in possession of a High Holiday ticket to enter the building.

#### PARKING

When parking in the Beth Tzedec parking lot, please cooperate with the parking lot attendants. **Cars blocking aisles or exits will be towed.** When parking on neighbouring streets, please obey traffic laws and be aware that you do so at your own risk.

### **CELLPHONES & ELECTRONICS**

The use of **cell phones and other electronics are prohibited** in the Beth Tzedec building on Shabbat, High Holidays and Festivals.

### **ACCESSIBILITY**

Thanks to generous donations by members, a wheelchair and several walkers are available for use on the wheelchair ramp and in the Sanctuary. Please contact Jennifer Girvitz at 403–255–8688, ext. 1 to reserve the use of the wheelchair or walkers.

### **VOLUNTEERS NEEDED**

None of our High Holiday celebrations would be possible without the work of congregant volunteers. If you're interested in assisting as a room or hallway monitor, greeter or usher, please contact Jennifer Girvitz at 403–255–8688 ext. 1.

#### **DRESS**

While men are expected to wear kippot within the Sanctuary, other congregants can choose whether or not to wear a head covering. Everyone must cover their heads when participating in honours. Men (and others who have accepted this obligation) must wear tallitot during morning services and for Kol Nidre.

### **FOOD & DRINK**

Please note that gum chewing specifically, and eating in general, is not in keeping with the sanctity of our services. Food and drink are not permitted in the Sanctuary.

Light refreshments will be provided following Yom Kippur, as we break the fast together after the conclusion of services and the blowing of the shofar.

### **DECORUM**

Kindly practice proper decorum while clergy or lay participants are leading prayers and addressing the congregation. **Avoid excessive talking** in the Sanctuary and be respectful of those around you.

### ENTERING AND EXITING THE SANCTUARY

When entering or leaving the service, please do so **quickly and quietly**. Sanctuary doors are closed during certain prayers. Volunteer ushers will be available to ensure that you only enter the service at appropriate times.

Thank you for helping create a sacred environment as we celebrate the High Holidays at Beth Tzedec.

### Kever Avot Memorial Fervices Sunday, September 28

10:00am Chevra Kadisha Cemetery 11:00am Beth Tzedec Memorial Park 12:00pm Erlton Street Cemetery



# Elul Challenge Unpacking Emet v'Emunah

Understanding the Statement of Principles of Conservative Judaism

Conservative Judaism, as a movement, has only issued one statement of principles over its 100+ year history.

Join Rabbi Russ before morning services throughout Elul as he helps us understand the foundational principles of our movement and what it means to identify with the Conservative/Masorti Judaism.

Scan the QR code below to register.





Mondays and Thursdays throughout Elul Beginning August 25