BETH TZEDEC

PROGRAM GUIDE

5784

A NEW YEAR OF FUN

FALL 2023-SPRING 2024

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Welcoming You to 5784

We are thrilled to present to you Beth Tzedec Congregation's Annual Program Guide. This annual publication shapes the year to come, guiding us through the beautiful journey of learning and growth that we are about to embark on together.

Our diverse range of programs and events has been curated to appeal to an ever-widening demographic of our congregants. From a broadening of child programs to adult Hebrew classes and insightful lectures to enriching workshops and family holiday celebrations, we aim to provide a nurturing space for our community to broaden their horizons and deepen their faith. We are in an exciting state of growth and after reviewing the guide you will notice the difference we are trying to make. Your participation, active support and help are desired more than ever!

In the warmth of our community, connections will multiply and strengthen, and friendships will blossom. Beth Tzedec has always been a home away from home, where love, acceptance, and support flourish abundantly. As we learn and create together, we grow together, not just as individuals, but as a strong and united kehillah.

We extend a heartfelt invitation to you to come and participate in our programs: Share your insights, ask questions, and engage in spirited conversations. Your unique contributions and differences are what make our community so vibrant and enriching.

We are blessed to have such a dedicated and passionate group of members, and it is our collective enthusiasm that will make this year an unforgettable one. Let us embrace the challenges and triumphs that lie ahead, holding hands and lifting each other higher.

With gratitude and excitement,
David Inhaber, CEO

While we consider our annual guide to be a commitment to our congregants, all programs are subject to enrollment and there are new events and activities planned every month.

Stay up-to-date on our latest programs by visiting **bethtzedec.ca** or email **info@bethtzedec.ca** to sign up for our weekly email newsletter.

CELEBRATE THE NEW YEAR

"The New Year is a great door that stands across the evening and Yom Kippur is the second door. Between them are song and silence, stone and clay pot to be filled from within myself."

– Marge Piercy

CLICK HERE for the complete High Holiday Guide & Schedule

ELUL CHALLENGE

August 21 to September 13
8:10am

Spend the month of Elul learning and growing with us. **register here>>**

SELICHOT

Sunday, September 9
8:30pm

Join us for prayers of reflection and repentance at our musical celebration and study session. **register here>>**

FAMILY TASHLICH

Sunday, September 17
4:30pm

Families with children are invited to participate as we cast away the sins of the past year. **register here>>**

ROSH HASHANAH & YOM KIPPUR

Sanctuary Services
9:00am
Family Services
10:00am

Choose the service experience that nourishes your soul and fits your family's needs.

Youth Programs
10:00am

Children ages 5-12 are invited to join us for games, activies and stories. **register here>>**

Parents & Tots

Those who need to stay with their babies and young children can pray, hear the shofar, nurse, and watch their children play in the Abraham and Hinda Belzberg Social Hall.

KEVER AVOT

Sunday, September 24

Public Memorial Services will be held at the following cemeteries:

10:00am
Chevra Kadisha Cemetery

11:00am
Beth Tzedec Memorial Park

12:00pm
Erlton Street Cemetery

Celebrate the Holidays Beth Tzedec

Share your favourite Jewish traditions with the Beth Tzedec community as we come together for holiday fun and festivites.

Pizza in the Hut
Wednesday, October 4
6:00pm Service | 6:30pm Dinner
Join a delicious celebration of Sukkot at our annual "Pizza in the Hut" event! Embracing the festive spirit of Sukkot, we invite you to gather as a community to share a pizza feast in our beautifully decorated sukkah. **Click here** to register.

Simchat Torah Havdalah
Saturday, October 7
6:00pm Service | 7:00pm Dessert
Share a sweet and joyous celebration as we mark the conclusion of the annual Torah reading cycle with a Simchat Torah Havdalah event and dessert reception. We'll rejoice together as we conclude the annual cycle of Torah readings and embark on a new year of learning, growth, and inspiration! **Click here** to register.

Family Hanukkah Party
Sunday, December 10
12:00pm to 2:00pm
Celebrate the Festival of Lights with our annual Family Hanukkah Party! Gather your loved ones and join us for an unforgettable afternoon of joy, laughter, and the spirit of Hanukkah. **Click here** to register.

Purim Megillah Reading & Dinner
Saturday, March 23
6:00pm Service & Megillah Reading
7:00pm Dinner
Join us for an evening of celebration and merriment as we commemorate Purim with a Megillah reading and delightful dinner! **Click here** to learn more.

Family Purim Carnival
Sunday, March 24
12:00pm to 2:00pm
Calling all Beth Tzedec families! Step right up and celebrate the season with our Family Purim Carnival, an annual tradition that promises an afternoon of laughter, games, and endless fun. **Click here** to learn more.

Passover Second Seder
Tuesday, April 23
5:30pm to 8:30pm
Celebrate Passover as we share a remarkable night of song and storytelling at our second night seder. Join us for a delicious buffet dinner with all of your favourite holiday foods. **Click here** to learn more.

Lag Ba'Omerfest
Sunday, May 26
5:00pm to 8:00pm
Share the original Jewish fire festival at Beth Tzedec! We're coming together for a BBQ dinner, bonfire (with s'mores!), family activities for all ages, and a campfire sing-along to celebrate the season. **Click here** to learn more.

Erev Shavuot Dinner and Learning
Tuesday, June 11
5:00pm to 11:00pm
Join our communal celebration of mass revelation as we share a dairy dinner and an exciting evening of learning for all ages. **Click here** to learn more.

SHARE Shabbat WITH THE PEOPLE YOU LOVE

Join our popular family Shabbat celebrations

Family Shabbat Dinners

Fridays, beginning September 8
5:30pm to 8:00pm

Start your Shabbat off on a tasty note with our monthly family Shabbat dinners, filled with song, movement and community! **Click here** to register and learn more.

Family Shabbat Mornings

Saturdays, beginning October 14
11:00am to 12:00pm

Make Shabbat morning extra special with activites for families of all ages. Join us in singing, moving, sharing, and reflecting while we celebrate together. **Click here** to register and learn more.

Keep up to date on all our upcoming family programs and events by signing up for our weekly email newsletter!

Learning & Growing Together

Keruv Class

Thursdays, beginning September 7
6:30pm to 8:30pm

Designed for those interested in converting to Judaism – or anyone who could use a refresher - our Keruv class covers a number of Jewish topics and incorporates lectures, group text-studies, discussions, and experiential activities. **Click here** to register.

Hebrew Literacy & Conversation

Sundays, beginning October 15
11:00am to 12:00pm

Improve your conversational Hebrew and strengthen your literacy skills! Our dynamic Hebrew program is designed to fit your busy schedule. With a proven teacher, you'll experience rapid progress and gain confidence in your ability to understand and be understood in Hebrew. **Click here** to register.

Hazak Lunch & Learn

Wednesdays, beginning October 18
12:00pm to 2:00pm

Congregants and community members of all ages are welcome to join our monthly daytime learning sessions. We're inviting some of Calgary's great thinkers and writers to teach, inspire and connect with us as we socialize and share a delicious lunch. **Click here** to register.

Holy Fit!

Sundays, beginning November 5
10:00am to 11:00am

Join Rabbi Ilana and Janine Herman for a special yoga and self-care series meant to elevate your everyday life. We are coming together to nourish and revitalize ourselves as we share a yoga practice and community with one another. **Click here** to register.

For more adult learning opportunities,
check out the Shiluv: Family Learning Club on pages 8 & 9.

JOIN THE NATIONAL MINYAN LEAGUE

Be there when you're needed most

The next season of the National Minyan League starts this fall.

If you want to help make a difference in the lives of your neighbours, consider joining an existing team
- or starting one of your own!

Contact info@bethtzedec.ca to learn more.

TEEN WEDNESDAYS

4:00 PM TO 6:00 PM

Free weekly programming for teens in Grades 8-12, dedicated to learning, connecting and living their Jewish values.

Beginning Wednesday, October 11

To Connect:
Teen Hang

To Learn:
Teen Learning Project

To Change the World:
Dorshei Tzedec
Teen Philanthropy Program

Click here to register and learn more.

Shiluv: A Learning Club for All Ages

New this fall, we're welcoming Beth Tzedec families to learn with us throughout the week. ***Click here*** *to register and learn more about the class or classes that work best for your family.*

As part of our commitment to our congregants, there is no charge for Beth Tzedec members to enroll in these programs.

	Mondays	Tuesdays	Wednesdays	Thursdays
YOUTH	**Homework Club** *Start Date: Oct 16* 3:30 to 6:00pm Grades 1-6 **STEM** *Start Date: Oct 16* 4:00 to 5:00pm Grades 1-6 5:00 to 6:00pm Grades 7-12	**Homework Club** *Start Date: Oct 10* 3:30 to 6:00pm Grades 1-6 **Dance** *Start Date: Oct 10* 4:00 to 5:00pm Grades 1-2 5:00 to 6:00pm Grades 3-6	**Homework Club** *Start Date: Oct 11* 3:30 to 6:00pm Grades 1-6 **Visual Arts** *Start Date: Oct 11* 4:00 to 5:00pm Grades 2-6 *Visual Arts will be offered on alternating weeks. Children enrolled in this program are welcome to join Homework Club when the class is not in session.*	**Homework Club** *Start Date: Oct 12* 3:30 to 6:00pm Grades 1-6 **Music** *Start Date: Oct 12* 4:00 to 4:40pm Session A 4:40 to 5:20pm Session B 5:20 to 6:00pm Session C **Martial Arts** *Start Date: Oct 12* 4:00 to 4:40pm Grades 7-12 4:45 to 5:15pm Grades 1-2 5:20 to 6:00pm Grades 3-6
TEENS & ADULTS	**Judaism 201** *Start Date: Oct 16* 5:10 to 5:50pm Adults 18+	**Parent Hangout** *Start Date: Oct 10* Jump on the wifi, get some work done or just socialize with other Beth Tzedec parents.	**Visual Arts** *Alternating weeks beginning Oct 18* 5:10 to 5:50pm Adults & Teens **"If Not for Me Who Will I Be" Yoga** *Alternating weeks beginning Oct 11* 5:10 to 5:50pm Adults 18+	**Bimah Challenge** *Start Date: Oct 12* 5:10 to 5:50pm Adults & Teens

All Shiluv programs are subject to enrollment.

STEM

Mondays | Grades 1-12

The University of Calgary Minds in Motion program offers an exciting and highly sought-after technology program, designed to engage students from Grades 1 to 12. With the tagline "Build, Invent, Experiment!", this program aims to cultivate a sense of curiosity and wonder in the fields of technology, science, engineering, and mathematics. **Click here** to register.

Judaism 201

Mondays | Adults 18+

This program offers an in-depth exploration of topics such as Jewish history, principles of the Ten Commandments, prayer, life cycle events, holidays, ethics, and the mystical tradition. **Click here** to register.

Dance

Tuesdays | Grades 1-6

Our expert instructors bring together the best elements of breakdance, hip hop, contemporary dance and Israeli styles, allowing your child to explore a diverse range of movements and techniques. With a focus on building strong foundations, we provide a solid platform for their growth as dancers. **Click here** to register.

Visual Arts

Alternating Wednesdays | Grades 2+ to Adults

Immerse yourself in a captivating journey where painting, paper mache, drawing, and more converge with the rich tapestry of Jewish symbolism, allowing your artistic expression to flourish like never before. Learn and engage with Jewish symbols in new ways, blending your own vision with old meaning. **Click here** to register for the youth class. To register for the adult/teen class, **click here**.

"If Not for Me, Who Will I Be" Yoga

Alternating Wednesdays | Adults 18+

Discover the transformative power of Hillel's Yoga, a program open to individuals of all ages and skill levels. We aim to provide caregivers with the healing benefits of yoga and meditation, empowering them to prioritize their own well-being and find solace in self-care practices. **Click here** to register.

Music

Thursdays | Grades 3-12

This program is ideal for students with some musical experience and skill who are interested in composing their own songs and playing modern Israeli pop and rock music. Students will be sorted into sessions based on their skill level and experience. **Click here** to register.

Martial Arts

Thursdays | Grades 1-12

Discover the fundamentals of self-defense with our comprehensive Martial Arts course. Students will learn essential techniques such as de-escalation tactics, centering exercises, and foundational movements to enhance their self-defense skills. **Click here** to register.

Bimah Challenge

Thursdays | Teens & Adults

Gather your friends or join with your child who has celebrated their B'nai Mitzvah, and form teams for an exciting Bimah Challenge. Learn the skills to lead the service, chant Torah and haftarah portions, and earn points. These points can be used for various purposes, such as fundraising and contributing to philanthropic initiatives. **Click here** to register.

BETH TZEDEC'S HOMEWORK CLUB

Beginning October 10, kids in Grades 1-6 are invited to join us throughout the school year on **Mondays, Tuesdays**, **Wednesdays** & **Thursdays** to learn, connect and have fun while completing their schoolwork.

Congregant Rate
NO CHARGE

Guest Rate
$240 - $780
FOR THE FALL SEMESTER

Enjoy new extended hours!

Highlights

- ✔ Learn from older peers and mentors
- ✔ Build friendships with other Jewish students
- ✔ Enjoy fun educational activities - and snacks!

Mondays, Tuesdays, Wednesdays & Thursdays
3:30pm to 6:00pm

For more information, contact Ari Cohen at acohen@bethtzedec.ca

Click here to register.

A NEW FORMAT FOR OUR

B'NAI MITZVAH PROGRAM

SIXTH GRADE

SUNDAYS, OCTOBER 15 TO MAY 26
10:00AM TO 12:00PM

Students will learn directly with Rabbi Russ while preparing for their B'nai Mitzvah via a unique and comprehensive curriculum. Beyond learning to successfully lead a B'nai Mitzvah service, they'll develop a deeper understanding of the beauty and majesty of our tradition.

SEVENTH GRADE

ONE-ON-ONE SESSIONS WITH CLERGY
***PLUS* MONTHLY SHABBAT SESSIONS**

Students will benefit from more personal attention throughout the year, punctuated by group time with their peers, community building and exploring their mitzvah projects, and sharpening their Torah/service-leading skills.

There will also be opportunities to gather for a special B'nai Mitzvah Shabbat dinner with their families and fellow students to enjoy a delicious dinner, following a B'nai Mitzvah Kabbalat Shabbat designed specifically for them.

For more information and to register,
click here or call (403) 255-8688

BETH TZEDEC KOSHER

10% Off

when you renew your Annual Contribution*

ISRAELI SALAD

MAC N' CHEESE

MATBUCHA

ALOO GOBI

SPEND FRIDAY NIGHTS FOCUSED ON WHAT MATTERS

Let us handle the cooking while you cherish precious moments with your loved ones. Beth Tzedec's Kosher Kitchen offers a delightful spread of traditional dishes and modern culinary delights, crafted by our expert chef.

Save time and savour the essence of Shabbat in the comfort of your home. Strengthen family bonds and create meaningful traditions around the dinner table. Order now and make this Friday a truly special one for your family!

ORDER NOW

bethtzedec.ca/catering
(403) 255-8688

*One coupon per family. Offer expires December 31, 2023. If you've already renewed your annual contribution and haven't received your coupon code, please email info@bethtzedec.ca